

Protein Pops

Nutrition Facts

7 Servings Per Container

Serving Size **63g**

Amount Per Serving
Calories **260**

% Daily Value *

Total Fat 9g **12%**

Saturated Fat 3.5g **18%**

Trans Fat 0g

Cholesterol 0mg **1%**

Sodium 100mg **4%**

Total Carbohydrates 31g **11%**

Dietary Fiber 4g **15%**

Total Sugars 4g

Includes 0g Added Sugars **0%**

Protein 15g

Vitamin D 0mcg 0%

Calcium 80mg 6%

Iron 18.4mg 100%

Potassium 240mg 6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Cereals, QUAKER, Quick Oats with Iron, Dry, Whey Protein, pistachio butter, Pistachio Nuts, Swiss delice chocoate

Contains: Pistachio